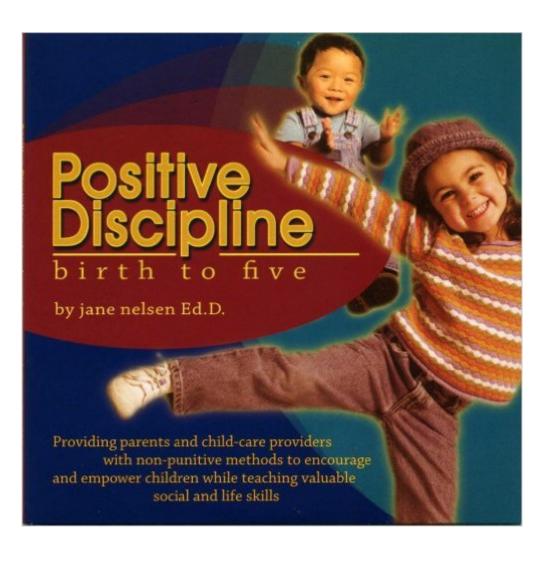
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# **Positive Discipline Birth To Five**





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#### Synopsis

This 2 hour lecture, by Dr. Jane Nelsen, was given on May 12th 2005 during the Butte County Dept. of Behavioral Health, Parent Conference, in Chico, CA. Learn: Why punishment is never appropriate for children of any age. Why any kind of time-out is not appropriate for children under the age of four, and how to create a positive time-out area with your four- or five-year-old that is encouraging, empowering, and teaches valuable life skills. How the brain develops, and why parents often expect things of their children that are not developmentally or age appropriate -- such as sharing, apologizing, and understanding "no" the way you think they do. The three most important discipline tools to use with children under the age of three. Many other parenting tools that can be used with children under the age of three -- and even more that can be used with four- and five-year-olds. How to get children to cooperate because they "want" to. How to help your children develop the believe that, "I am capable, I can contribute in meaningful ways, and I can use my power in useful ways. To remember why you had children in the first place.

#### **Book Information**

Audio CD Publisher: Empowering People, Inc. (May 15, 2006) Language: English ISBN-10: 0960689656 ISBN-13: 978-0960689651 Product Dimensions: 4.8 x 4.7 x 0.1 inches Shipping Weight: 1.6 ounces (View shipping rates and policies) Average Customer Review: 3.2 out of 5 stars Â See all reviews (5 customer reviews) Best Sellers Rank: #558,954 in Books (See Top 100 in Books) #19 in Books > Books on CD > Parenting & Families > Parenting #7211 in Books > Parenting & Relationships > Parenting

#### **Customer Reviews**

This CD set contains good information but very brief and not very well produced.Instead of getting this,... you should get the 5 CDs Positive Discipline Workshop set intead. I purchased both and found that everything covered on these 2 CDs are also covered in the 5 CD set and more. The 5 CD set is better produced, slightly better recording and division of the recording into multiple tracks so you can quickly jump to certain topics to review.I listen to these CDs in the car and since the CD is not divided into tracks,... when I stopped in the middle of the CD,... then other people uses the car and put on another CD,... it's very cumbersome for me to fast forward and find the spot where I left

off,...

The information she presents is outstanding. I have never been introduced to positive discipline before and will never go back to punitive time outs again. She is intellligent and I commend her for teaching our family patience and respect. While my 2 yr. old son continues to throw tantrums at times, they are fewer and shorter lasting than before and I maintain my cool much easier now. It is a live recording and the audio quality is poor and I hate the audience participation portion of the cd. You can't hear what people are saying most of the time and when you do, their questions and comments are annoying and unnecessary. I will order her books next. Positive Discipline is a wonderful concept.

I fully subscribe to the Positive Discipline philosophy, so I was excited to find this audio CD, The information contained within is largely geared towards 4-5 year olds, but it's all good information. Where it looses stars from me is that the sound quality is poor. It was clearly recorded in an auditorium, and it sounds like someone sat in the audience with a tape recorder. It also lost a star because as much as I admire Jane Nelsen and respect her opinions, her public speaking seemed to leave a lot to be desired. The recording probably would have been 15 minutes shorter if not for all of the "uhhhh"s and "uummmm"s. I found my mind wandering as I waited for her to get to her point. Buy one of her books instead - they are truly great and well written.

I thought this came with the book and the Cds. I was disappointed because I thought it was fairly expensive for just the Cds. Actual Cds are excellent and I would recommend to any parent or caregiver to children and/or elderly.

Got some good info but mostly a recap of original positive discipline book

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